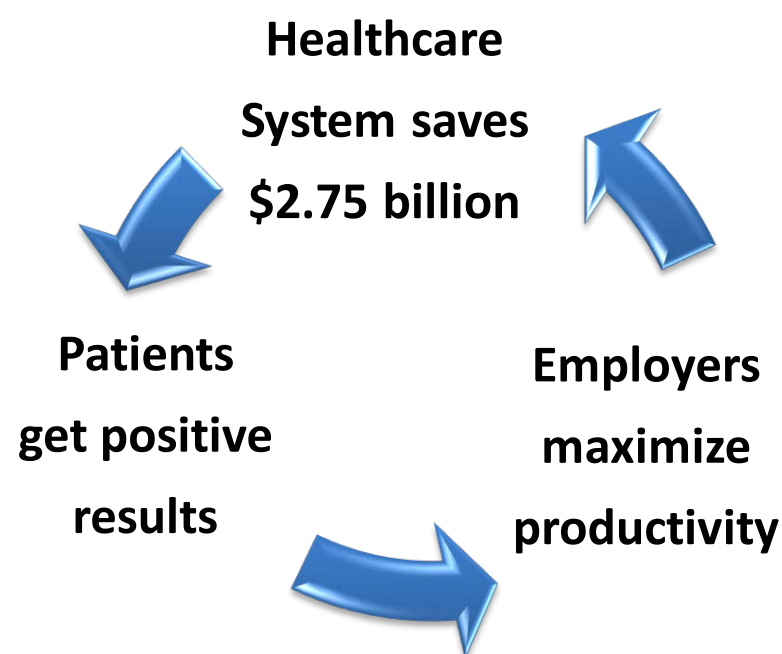


A \$2.75 BILLION BETTER OPTION TO BACK SURGERY



Spinal Manipulation was proven just as effective as microdiscectomy (surgery) for patients experiencing sciatica secondary to lumbar disc herniation.¹

More than 200,000 microdiscectomies are performed annually in the United States, at a direct cost of \$5 billion, or \$25,000 per procedure.² If cost is assumed at \$100 per chiropractic visit, there is a direct, total savings of \$22,900 per manipulation patient. System-wide this could save \$2.75 billion.³

¹M^cMorland, G., Suter, E., Casha, S., du Plessis, S.J., & Hurlbert, R.J. (2010). Manipulation or Microdiscectomy for Sciatica? A Prospective Randomized Clinical Study. *Journal of Manipulative and Physiological Therapeutics*, Vol. 33(8), p: 576-584

²Singhal, A., & Bernstein, M. (2002). Outpatient Lumbar Microdiscectomy: A Prospective Study in 122 Patients. *The Canadian Journal of Neurological Sciences*, Vol. 29(3), p: 249-52

³Clum, G.W. "Musculoskeletal health no 'sexy', but still must be addressed." *Employee Benefit News*. January 12, 2011. Read the [FULL ARTICLE](#) 